

# Concepts Related to Health Literacy in Online Information Environments: A Systematic Review with an Emphasis on Approach to Information

**ECIL 2017** 

September 20, 2017

Anna-Maija Huhta, Noora Hirvonen and Maija-Leena Huotari

University of Oulu, Finland &

Medical Research Center, Oulu, Finland



#### Introduction

- Research on health literacy (HL) and related phenomena has been conducted in several disciplines
- Early HL descriptions as individuals' reading comprehension, numeracy and writing skills (E.g. American Medical Association, 1999)
- Recent definitions represent HL as a multidimensional concept (Mårtensson & Hensig, 2012)
- In the field of LIS: The concept of health information literacy by Medical Library Association (Shipman et al., 2009)

11/30/2017 Anna-Maija Huhta University of Outu





- Earlier reviews have focused on one concept
- A concept comparison of HL and information literacy by Lawless, Toronto & Grammatica (2016): common attributes, but also unique features
- → A need to to explore how different literacy concepts approach information

3 11/30/2017 Anna-Maija Huhta University of Oulu



# Research questions

- 1. What kinds of health literacy concepts are used in different disciplines conducted in an online environment?
- 2. How do these definitions approach information?

11/30/2017 Anna-Marja Huhta University of Oulu



# Method

#### Data sources and search strategy

- Systematic review that follows the PRISMA statement (Moher et al., 2009)
- Literature search conducted in six academic databases (LISA, ASSIA, ERIC, Medline, LISTA, CINAHL), one journal searched manually
- Search limited to title and abstract and to peer-reviewed articles published in English between 2011-2016
- Search terms covered "online", "health" and "literacy", including related terms

11/30/2017 Anna-Maija Huhta University of Outu





#### **Study selection**

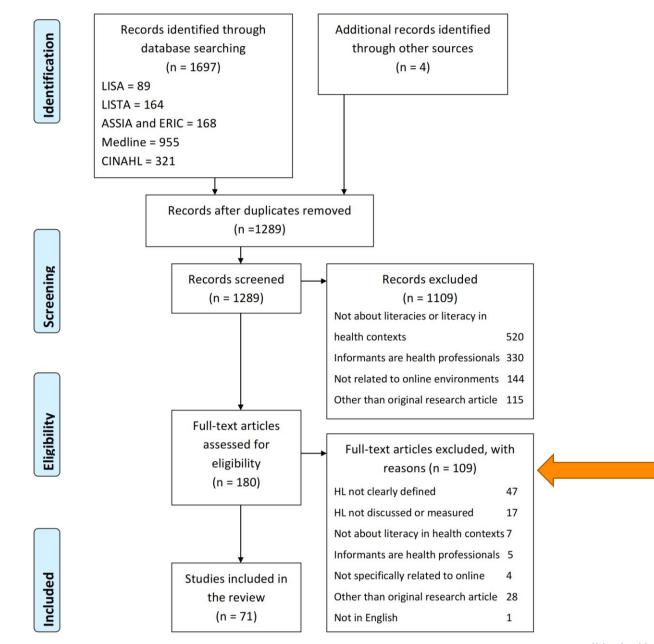
- 1. Phase: 1289 abstracts screened, 1109 excluded
- 2. Phase: 180 full-texts screened, 109 excluded
- A 10% random sample screened by the second author with and interrater agreement rate of 93%
- → 71 eligible articles included to the review
- Data extracted from the articles:
  - Publication details
  - Discipline of the study (first author's affiliation)
  - Literacy concept and its definition

11/30/2017 Anna-Maija Huhta University of Ou



#### The study selection process

Fig. 1 PRISMA flow diagram (Moher et al., 2009)



7 11/30/2017 Anna-Maija Huhta University of Oulu



# **Findings**

- Analysis focused on the definitions of the concepts identified in the 71 included articles
- The majority of the articles represent (authors' affiliation) medical and health sciences (n=41)
- Other fields: communication and health communication (n=9), psychology (n=9), library and information science (n=8), pharmacy (n=2) and sociology and social work (n=2)

11/30/2017 Anna-Maija Huhta University of Oulu



# **Findings**

Table 1. Concepts related to health literacy in the eligible articles (N=71) and number of articles they are cited in.

The concept	Defined by	Number of articles
Health literacy	World Health Organization in Nutbeam, 1998 [15]	4
	World Health Organization in Nutbeam, 2000 [16]	1
	Ratzan & Parker, 2000 [13]	26
	Baker, 2006 [17]	4
	Zarcadoolas, Pleasant & Greer, 2006 [18]	2
	Nutbeam, 2008 [19]	1
	Berkman, Davis, & McCormack, 2010 [20]	6
	Sørensen et al., 2012 [6]	2
	National Network of Libraries of Medicine, 2013	1
	[21]	
eHealth literacy	Norman & Skinner, 2006 [14]	37
	Bodie & Dutta, 2008 [22]	1
eHealth literacy 2.0	Norman, 2011 [23]	1
Health information	Medical Library Association in Shipman, Kurtz- Rossi & Funk, 2009 [5]	1
Everyday health information literacy	Niemelä et al., 2012 [24]	1
Mental health literacy	Jorm et al., 1997 [25]	3
Oral health literacy	U.S. Department of Health and Human Services, 2000b [26]	1
"Bad" health literacy	Schulz & Nakamoto, 2011 [27]	1



# **Findings**

Health literacy by Ratzan & Parker (2000):

"the degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions" → used e.g. by Institute of Medicine (Nielsen-Bohlman et al., 2004)

eHealth literacy by Norman & Skinner (2006):

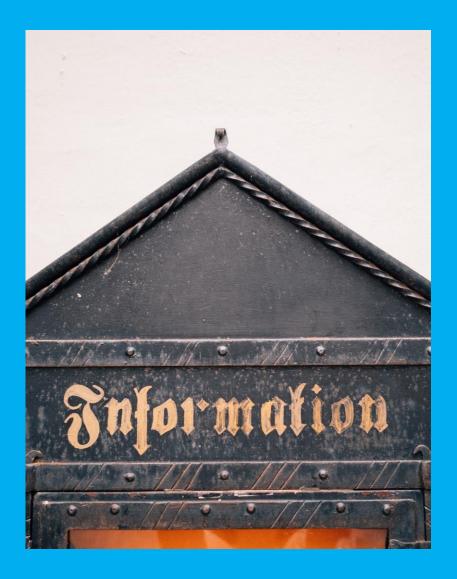
"the ability to seek, find, understand, and appraise health information from electronic sources and apply the knowledge gained to addressing or solving a health problem"



These are also most referred to in LIS articles

11/30/2017 Anna-Maija Huhta University of Outu





# **Approach to information: Similarities**

- The focus on ability to understand or comprehend information gained and to utilize the information in a decisionmaking process
- Also: information as a tool

11 11/30/2017 Anna-Maija Huhta University of Oulu



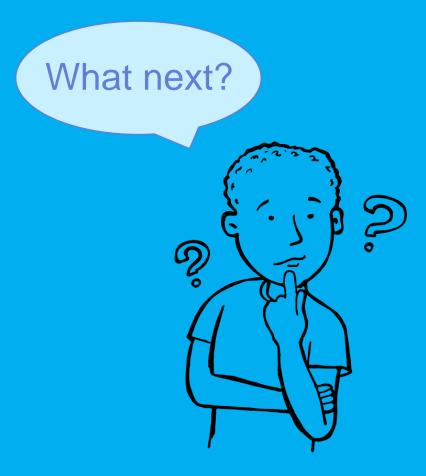
# Approach to information: Differences

- Addressing prior knowledge as influencing factor (in Nutbeam, 2008; Sørensen et al., 2012)
- Attribute of information need (only in the definitions of HIL and EHIL)
- Critical evaluation of the found information addressed in 4 out of 9 definitions for health literacy
- Type of information: basic, medical information obtained through clinical settings, online health information, general health information, everyday health information, special type of health information

11/30/2017 Replace footertext if needed University of Outu



# **Discussion**



- Most often used definition of HL promotes functional skills of an individual
- Wide use of eHealth literacy concept →
  there is a need to conceptualize the skills
  and competencies needed to act in online
  environments
- Overlapping concepts → May lead to weak theoretical constucts and difficulties in operationalization (e.g. Berkman et al., 2010)
- Future studies: critical examination of the concepts → in different or wider context

University of Oulu

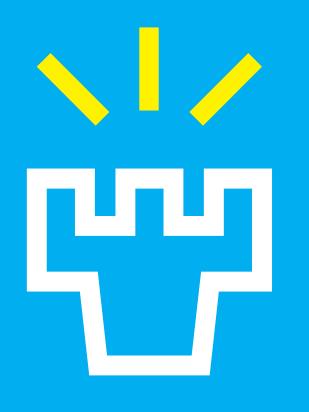
 Also: How is the online environment taken into account in the operationalizations of the concepts

11/30/2017 Anne-Maija Huhta



### References

- American Medical Association, Council on Scientific Affairs, Ad Hoc Committee on Health Literacy. Health Literacy: Report of the Council on Scientific Affairs. JAMA. 281(6), 552-7 (1999)
- Berkman, N. D., Davis, T. C., McCormack, L.: Health Literacy: What Is It? J. Health Comm. 15:9-19 (2010)
- Guzys, D., Kenny, A., Dickson-Swift, V., Threlkeld, G.: A Critical Review of Population Health Literacy Assessment. BMC Public Health. 15:215 (2015)
- Lawless, J., Toronto. C.E., Grammatica, G.L.; Health Literacy and Information Literacy: A Concept Comparison. Ref. Serv. Rev. 44(2), 144-162 (2016)
- Moher, D., Liberati, A., Tetzlaff, J., Altman, D.G.: The PRISMA Group: Preferred Reporting Items for Systematic Reviews and Meta-analyses: The PRISMA Statement. PLoS Med. 6(7), e1000097 (2009)
- Mårtensson, L., Hensing, G.: Health Literacy A Heterogeneous Phenomenon: A Literature Review. Scand. J. Caring. Sci. 26, 151-160 (2012)
- Nielsen-Bohlman, L., Panzer, A.M., Kindig, D.A.: Health Literacy: A Prescription to End Confusion. Washington, DC: National. Academies Press. (2004)
- Norman C.D., Skinner HA. (2006) eHealth Literacy: Essential Skills for Consumer Health in a Networked World, J. Med. Internet Res. 8:e9.
- Nutbeam, D.: The Evolving Concept of Health Literacy. Soc. Sci. Med. 67, 2072–2078 (2008)
- Ratzan, S.C., Parker, R.M.: Introduction. In: Selden C.R., Zorn M., Ratzan S.C., Parker R.M. (eds.) National Library of Medicine Current Bibliographies in Medicine: Health Literacy, NLM Pub. No. CBM 2000-1. Bethesda, MD: National Institutes of Health, U.S. Department of Health and Human Services (2000)
- Shipman, J.P., Kurtz-Rossi, S., Funk, C.J.: The Health Information Literacy Research Project. J. Med. Libr. Assoc. 97(4), 293-301 (2009)
- Sørensen, K., Van den Brouck, S., Fullam, J., Doyle, G., Pelikan, J., Slonska, Z., Brand, H., (HLS-EU) Consortium Health Literacy Project European: Health Literacy and Public Health: A Systematic Review and Integration of Definitions and Models. BMC Public Health. 12:80 (2012) University of Oulu



This study is a part of an Academy of Finland project:

Cognitive Authorities in Everyday Health Information Environments of Young People (CogAHealth)

www.oulu.fi/cogahealth-en

# UNIVERSITY OF OULU

# Thank you!

anna-maija.huhta@oulu.fi

Twitter: @amhuhta

Researchgate & LinkedIn